

SYNOPSIS OF THE SERIES OF THREE STORIES

Ana and Bruno are two curious and adventurous little siblings, who one night while walking through the woods, met a strange-looking but kind astronaut who offered to take them on their next adventure. Together, they will live the most incredible situations traveling through the emotional planets, where they will learn about their feelings, emotions and how to recognise and manage them. What for? Well, to live a better happy life.

Join them on the final adventure on the planet of Love.

CHAPTER #06: THE PLANET OF LOVE

After the exciting adventure on the Planet of **Fear**, Stella, Ana and Bruno set out on their last adventure to the Planet of **Love** aboard the E-motion Ship. This time, the soft lights in the ship changed to a warm pink, and the atmosphere was filled with a sense of **harmony** and **happiness**.

Stella explained to them that the Planet of **Love** was full of beautiful creatures and magical beings representing different forms of **affection**. She assured them that they would understand why this planet was the largest in the solar system besides being her favourite among all the six they had already visited.

Upon landing, the three friends found a beautiful landscape with rainbows, fluorescent-coloured flowers, and a radiant sun. Together they walked to a white-sand beach, where they found a creature similar to a horse but much more prominent, with butterfly wings, a multi-coloured tail, and a glowing horn that radiated tiny twinkling stars.

Immediately, Ana was captivated by him, and they immediately began to play and have <u>fun</u> together. They ran along the beach, jumped on the waves and made castles in the sand. Ana felt her heart full of **tenderness** and **affection**.

Ana wanted to know everything about him: where were his parents? Why did he have wings? Maybe he had a little pony brother? She **loved** feeling **protected** by him and wanted to **enjoy** every second with him.

Meanwhile, Bruno was watching from afar and began to feel **ignored** and a bit **jealous** of the special bond that Ana was experiencing with the **Butterfly Unicorn**. In a moment of great unrest, he began to cry and sat under a tree where he could not see them.

Stella, worried about Bruno, decided to get closer to try to understand what he was feeling.

-Bruno, why don't you play with them?- Stella said in a sympathetic tone- This is a beautiful place to **enjoy** and share.

I'm losing my sister.-Bruno said **nostalgically**- She had never spent so much time before and had laughed so hard with someone other than me.

"Calm down, Bruno," Stella replied, smiling. Ana being happy with the Butterfly Unicorn does not mean she has forgotten or no longer loves you. The affection she feels for him is very different from the love she has for you.

The most surprising thing about our heart, -Stella affirmed - is that it can give **love** to many people and animals at the same time. Actually, expressing our love for nature is also possible. Like we did on the Planet of **Sadness** with that weeping tree, remember Bruno? -Stella said, hugging him sweetly.

Eventually, Bruno felt better, and the **anguish** of losing Ana slowly disappeared. Thus, warmly taking her hand and looking into his eyes, Stella continued -True **Love** is not **possessive**, has no attachments and always **trusts**_the one we love. You have a special place in Ana's heart, which will never change.

Meanwhile, Ana lived an incredible moment when galloping along the beach with her beloved Unicorn. Her hair fluttered in the sea breeze as a little starfish and orange crabs waved past them. Although everything seemed like a dream, as the day drew to a close, Ana began to feel **melancholy**, knowing she would soon have to say goodbye to her new friend.

Seeing the first tear on Ana's face, Stella approached her to talk about what she felt.

-Ana, I understand it **hurts** to leave Unicorn Butterfly -Stella told her with **empathy**. But you must remember that he lives here on the Planet of **Love**, with his family and friends. Sometimes, **Love** asks us to say goodbye to those we care about the most, and it does not mean we will lose or forget them.

Do you understand, Anna? The little nodded with tears in her eyes, accepting that she should release the **Butterfly Unicorn** and let him return to his family.

Thus, she said goodbye to him with a hug that she would remember forever and with a promise of keeping an extraordinary place in her heart.

Ana and Bruno learned essential lessons throughout this adventure on the Planet of **Love**. They understood that it is not **possessive** and not **selfish** either. It is possible to experience and express different types of **Love**: love towards an animal, fraternal love and love between friends.

I am very **proud** of both of them.- Stella told them- They have managed to recognise their emotions, regulate them and learn to travel between them.

- -Remember that every time you feel something intensely, be it **Fear**, **Anger**, **Sadness**, **Surprise**, **Happiness** or **Love**, you can take some time to understand where the emotion comes from, inhabit it, just as we visit the planets with your creatures and learn from them. to go on your way.
- -Thank you, Stella. We will never forget this fantastic trip. We have learned a lot- Ana said **excitedly**.

-Yes, we love you, Stella. I have become braver and more **confident** thanks to you, Bruno said, very **proud** of himself.

Thus, the three friends hugged each other, and Stella, once again boarding her Ship, looked at them, smiled and winked at them with the certainty that they would see each other again very soon.

-See you on the next trip!