



SYNOPSIS OF THE SERIES OF THREE STORIES

Wangari and Mulu are two curious and adventurous little siblings, who one night while walking through the woods, met a strange-looking but kind astronaut who offered to take them on their next adventure. Together, they will live the most incredible situations traveling through the emotional planets, where they will learn about their feelings, emotions and how to recognise and manage them. What for? Well, to live a better happy life.

Join them on this first adventure on the planet of **Rage**.

CHAPTER #01: THE PLANET OF RAGE

Wangari and Mulu, two little brothers, 6 and 8 years old, were on board the E-Motion Ship (Electronic Movement Navigator). They were also with the ship's captain, a funny Astronaut named Stella.

-And why do you call yourself that? Mulu asked timidly.

My name is Stella because of the comets, -the astronaut told them, explaining that these were huge bodies, generally made of ice, that roamed the cosmos, although some ended up orbiting around a star. And when they pass near the stars, they project a long tail also called Estela.

-Wow. What a beautiful name, -said Wangari excited.

-I hope we can see a comet, -Mulu replied also very **excited**.

-I don't know, but what is certain is that wonderful adventures await us on this trip, although they may be unpredictable. But don't **worry**, if something unexpected happens, I will solve it. -Stella told them **confidently**.

The Astronaut also explained to them that the red planet they were going to was a place where **anger** and **frustration** prevailed. She told them they would learn a lot about **Rage** to understand and control it.

-Remember, **Rage** is a powerful emotion that can consume and control those who do not understand it. Make sure you stay **calm** and understand situations are filled with this emotion. She told them as she prepared them for the trip by adjusting their space suits.

That doesn't sound good, -Mulu expressed **disturbed**.

Don't **worry**, I'll defend you if something happens, -Wangari said to **reassure** him. You know, I'm very strong.

-You have nothing to **fear**. With the space suits I built specially for you, you will be **safe** from any difficulty and nothing will hurt you. -Stella answered them while she pressed some buttons on the control she had in one of her gloves.

-Sit tight, we're about to land... or better yet, about to planetize hahaha... Wooop!

Gaining great speed as they entered the gaseous atmosphere of the red planet, the E-Motion Ship found a place to land, and while the fire projected its engines, it finally touched down and deployed a ramp for the astronauts to descend.

Wangari and Mulu found themselves in a deserted and desolate landscape, full of craters and flames. The air was thick with shrill sounds of **irritation** and **frustration**, and the ground was twisted and warped. Objects and structures seemed to have been destroyed by uncontrollable **anger**. The earth trembled and rumbled **annoyed**.

-I really don't like this place, -Wangari said **worriedly**, everything seems so dangerous.

Mulu also looked **scared**. In the distance, Wild lions roared and a fire burned everywhere. However, something caught his attention.

-Woow. What is that, -Mulu said as he pointed to a big Volcano that roared while pouring huge rocks ignited with fire.

They're coming this way, be careful. -Wangari screamed as she tried to protect her little brother with her body.

-Hahaha, rely on your suits. -Stella said, while she jumped an impressive distance and destroyed with one fist the gigantic stone man that was going to hit them. Waaa, -she yelled, as she smashed into the huge exploding rocks around her.

-It's a lot of fun Wangari, look -Mulu said as he jumped in turn and also destroyed huge burning rocks which divided into smaller and smaller rocks that brushed closely against Wangari. -Look, the suit let me do it, it's very easy.

I don't like this planet at all. -Anna said-Everything is so **aggressive**, it seems that it wants to hurt you. -I don't like it Mulu, come back right now, we're back on the ship. I feel this planet is very dangerous. -Wangari said with suspicion.

"I don't want to," Mulu said disobediently. Don't be mean. Let me play and destroy the rocks. Wiii.

Wangari felt **frightened** and **confused** by the **Rage** around her. Even if nothing had happened to her, she felt incomprehensibly **distressed** and did not understand why her little brother didn't pay attention to her, she was the eldest and had to protect him.

-Mulu, come here immediately. She yelled at him **furiously**.

No, -replied her little brother challenging her.

Wangari had no choice but to see how her brother ignored her and continued destroying rocks without paying attention to her. Inside she felt **angry** and **frustrated**. Mulu doesn't know the scolding that awaits him, -She thought, upset, while meeting the Astronaut who was waving her from afar.

-Come Wangari, I have to introduce you to someone very special. -Screamed Stella from the top of a small hill.

When Wangari reached the hill, she saw something that **confused** her. It was a strange being with an **intimidating** appearance. An imposing character, wearing dark metal armour and a lion-shaped helmet hiding its face. The eyes were two burning flames, glowing behind the helmet and a deep and rumbling voice.

-I am Mr. Fire. What are you doing on my **Rage** red planet? -asked the strange being. Wangari, **surprised** by its ferocious appearance, explained **nervously** that they came because her astronaut friend had invited them to do an emotional journey.

That's right, -Stella said with **confidence**. These two children are with me, discovering the universe of emotional planets. Mr. Fire, don't be **grumpy** and teach us about **Rage**.

Mr. Fire frowned behind his helmet and asked **suspiciously**, -first I want to know why you want to learn about the **Rage**?"

Meanwhile, Mulu had already returned since the volcano's eruption ended and said to Mr. Fire **timidly**:

-I don't know very well what is **Rage**... but I do know that my sister is **angry** with me, is it the same?

Mr. Fire seemed to pay special attention to the boy and replied:

-**Rage** is a powerful and, at the same time, dangerous emotion. If we don't control it, it can consume us from the inside, literally from head to toe.

Wangari seemed **surprised** since she had not realised that there was actually more **Rage** inside her than outside the planet. It no longer seemed that it was so **hostile**, it just seemed dangerous, but in reality, it wasn't that much.

In fact, Mulu had been braver than her and seemed even to have **enjoyed** the journey. The dangerous feeling was inside her because she had been unjustly **angry** with her brother and thought of making him feel really bad.

It seems to me that Wangari is understanding what **Rage** really is, -Stella said as she lifted Mulu above her head so he could see the fabulous landscape. You were also very **brave** Mulu, protecting your sister without hesitation. Congratulations!

-Thanks Mulu, forgive me for being so **grumpy** sometimes.

-It's okay, sister. Do you want to try jumping into the volcano? I'm sure with our suits we can even swim in the lava, right Stella?

-Of course, let's try. See you later, Mr. Fire.

And with a jump, the three left for the volcano. But as they advanced, Wangari began to notice a change in the atmosphere: the craters and ferocious lions seemed to calm down, while the screams and fire slowly faded away.

Suddenly, the desolation of the desert opened the way to a landscape full of color and life. It was as if the **Rage** gradually changed into something more familiar and understandable.

Wangari thought that **Anger** did not have to be something scary and negative, instead, it could be used constructively to help solve problems and overcome obstacles.

-Definitely, this planet is different. Wangari yelled as both of them jumped into the air, "I feel so much better." I don't know how to explain it but it is as if this new planet were no longer inhabited by **aggression**.

-It is the result of understanding and controlling **Rage**. -The Astronaut explained to them as they flew through the air-.

Learning to recognise our feelings and express them respectfully has transformed your perception of the planet. You have seen that **Rage** can be something positive and even motivate us to overcome very deep fears.

At the end of the day, Mulu and Wangari felt **happy** but a little tired. They had walked through the planet's enormous magma caves, swam in oceans of fire, escaped huge flaming lions that inhabited the planet's desert floor, and were motivated by what they had learned.

Wangari would forever remember the words of Mr. Fire and vowed to work hard to control and understand her own **Rage**. When she got back to the E-Motion Ship felt stronger and more **confident** than ever before. She had learned a valuable lesson about Rage and happily discovered that there was no longer anything to **fear** because she had learned how to control it.

One more time, Stella congratulated them for their **bravery**, encouraging to continue the exploration of emotional planets. And so, with a new determination, Wangari and Mulu prepared for their next trip to the planet of **Surprise**.